



MAY 2024 VEGETARIAN

Monday



Morning Star Chick'n **6**
Nuggets
WG Roll
Corn and Broccoli
Apple Sauce

Black Bean Patty **13**
Hot Dog Roll
Baked Beans
Diced Pear Cup

Vegetarian Patty on **20**
WG Bun
Potato Fries
Pears

NO SCHOOL **27**

Tuesday



Vegetarian Meat Taco **7**
Taco Shells
Black Beans
Bananas

Vegetarian Patty **14**
WG Roll
Mixed Vegetables
Bananas, Ketchup

Vegetarian Meat Taco **21**
Taco Shells
Black Beans
Bananas

Black Bean Patty **28**
WG Roll
Baked Beans
Oranges

Wednesday

Spanish Rice with **1**
Vegetarian Meat
Green Beans
Apples

Sunbutter & Jelly **8**
Sandwich
Carrot Sticks
100% Orange Juice
Ranch, Mayo

Rice and Beans **15**
Green Beans
Apples

Macaroni & Cheese **22**
Broccoli
Orange

Vegetarian Patty **29**
WG Roll
Broccoli
Bananas

Thursday

Cheese Pizza **2**
Broccoli
100% Orange Juice

Vegetarian Meat **9**
Teriyaki
Brown Rice
Green Beans
Pears

Vegetarian Meat **16**
Spaghetti
Carrots
100% Grape Juice

Vegetarian Meat **23**
Jambalaya
Mixed Vegetables
100% Orange Juice

Spanish Rice with **30**
Vegetarian Meat
Green Beans & Corn
100% Grape Juice

Friday

Cheese Sandwich **3**
Romaine &
Tomato Salad, Ranch
Apple Sauce
Sunchip, Mayo

Macaroni & **10**
Cheese
Carrots
Orange

Green Salad With Tofu **17**
Corn Chips, Orange, Ranch
NORTH CAPITOL:
Cheese Ravioli, Green
Salad, Orange, Ranch

SunButter & Jelly **24**
Sandwich
Coleslaw
Peaches

Green Salad with Tofu **31**
Corn Chips, Apples, Ranch
NORTH CAPITOL:
Pasta with Vegetarian
Meat, Green Salad,
Apples, Ranch

- All meals served with appropriate condiments and 1% Milk or Fat Free Milk.
- Menu subject to change.
- Daily fruit offered might change depending on availability.

This institution is an equal opportunity provider.